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## Nutrition For A Healthy Mouth (Sroda, Nutrition For A Healthy Mouth)



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## Synopsis

Written specifically for dental hygiene and dental assisting students and practitioners, this text provides a solid foundation in basic nutrition and diet information, emphasizes the relationship of nutrition and diet to oral health, and provides information on nutrition and dietary patient counseling. This Second Edition includes new Food for Thought boxes that facilitate application of chapter topics to the real-life setting. The Nutritional Counseling for Special Patient Groups chapter has been expanded to include new material on patients with cancer, patients with HIV, homeless patients, and substance abusers.

## Book Information

Series: Sroda, Nutrition for a Healthy Mouth
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> Dental Assisting

## Customer Reviews

Got this for my kid going to hygienist school and it is exactly what the doctor ordered! There is some highlighting on the pages, but that is expected on used material; however, you save a bundle going used instead of new.

This is an excellent, easy to understand book about the impact of nutrition on the oral cavity. The book makes the difficult concepts of nutrition easy to understand and apply. Nutrition can be a boring topic, but this book makes it fun. I would highly recommend this book.

The book has some mistakes ( corrected by my professor); Outdated information - My Plate
replaced My Pyramid in 2011, but the text still teaches My Pyramid; No self-quiz questions and summaries of each chapter. Too expensive for such quality.

Good information and very informative about living a nutritious lifestyle. Simple to read and easy to understand.

This is a required text for a dental hygiene program nutrition class: It is interesting and well-written: easy to understand the chemistry

I can give it 5 stars if they take the library pocket card in front.

It is what it is. I learned a lot

## Excellent text

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